

FLOURISHING IN A SECOND LANGUAGE



Flourishing in a Second Language (FL2): Developing an approach to integrating Positive Psychology, Transition Pedagogy and CLIL principles

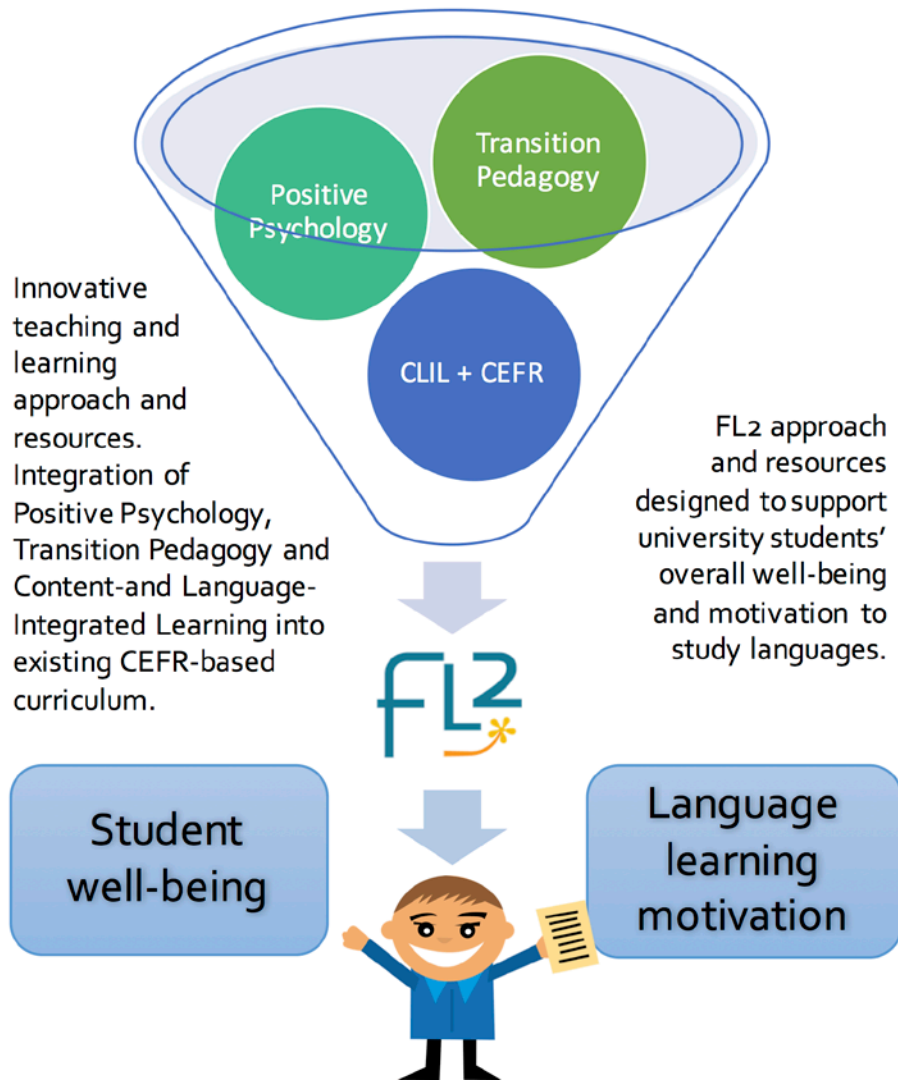
Antonella Strambi (Flinders University)

Ann Luzeckyj (Flinders University)

Antonia Rubino (The University of Sydney)



Support for this activity has been provided by the Australian Government Office for Learning and Teaching. The views in this activity do not necessarily reflect the views of the Australian Government Office for Learning and Teaching.



Transition pedagogy: 1st year curriculum principles



ALTC ALTC Kift Senior Fellowship

First year curriculum principles

Articulating a Transition Pedagogy

Articulating a Transition Pedagogy

- ✓ Transition
- ✓ Diversity
- ✓ Design
- ✓ Engagement
- ✓ Assessment
- ✓ Evaluation and monitoring

The PERMA model

P
positive emotion

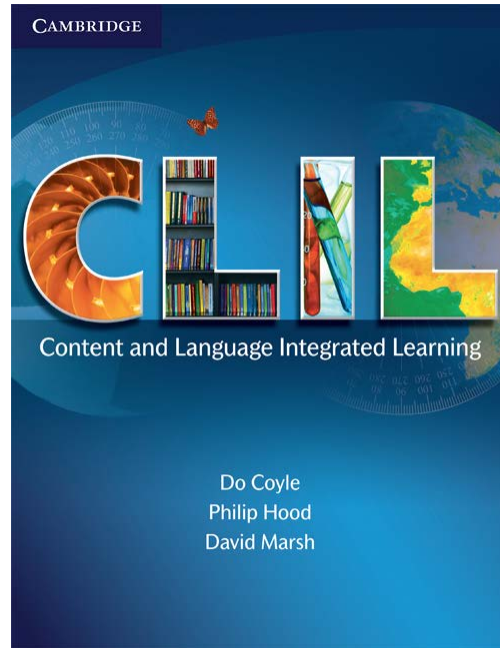
E
engagement

R
relationships

M
meaning

A
accomplishment

CLIL – Content and Language Integrated Learning



The FL2 project

- First-year beginners
- 26 FL2 activities developed
- Two Italian courses: Flinders and Sydney



Title	Activity Type	Well-being	Perma+	Transition	Communicative Function	Vocabulary	Grammar	CEFR level
What do you do to relax?	Short answers, Matching	Physical well-being, Resilience to stress	Positive emotion	Design, Engagement	Talking about leisure activities, Talking about habits	Everyday activities, Frequency adverbs	Verbs in the present tense	A1
Raisin meditation	Reading, Fill-in-the-gaps	Resilience to stress, Mindfulness	Engagement	Diversity, Evaluation & Monitoring	Giving and receiving instructions	Body parts, Sensations and feelings, Verbs used to give instructions	Verbs in the imperative form (voi)., Verbs in the infinitive	A1, A2
Shared identity	Speaking	Connection, Empathy, Kindness	Relationships	Diversity, Engagement	Talking about everyday activities, Describing people, Exchanging personal information	Everyday activities, Descriptive adjectives (people)	Verbs in the present tense, Adjectives	A1
Best possible future	Writing, Speaking, Understanding written instructions	Builds optimism	Positive emotion, Engagement, Accomplishment	Diversity, Design, Engagement	Writing about future events, Reading and/or talking about future events, Making comparisons, Understanding written instructions	Everyday activities, Everyday objects	Verbs in the future tense Verbs in the imperative mood (instructions)	A2

The trial

- First semester 2016
 - 7 FL2 activities implemented in sem. 1 (5 in class; 2 as homework) + overall teaching approach consistent with project principles
- Continued in second semester 2016 and first semester 2017



Evaluation

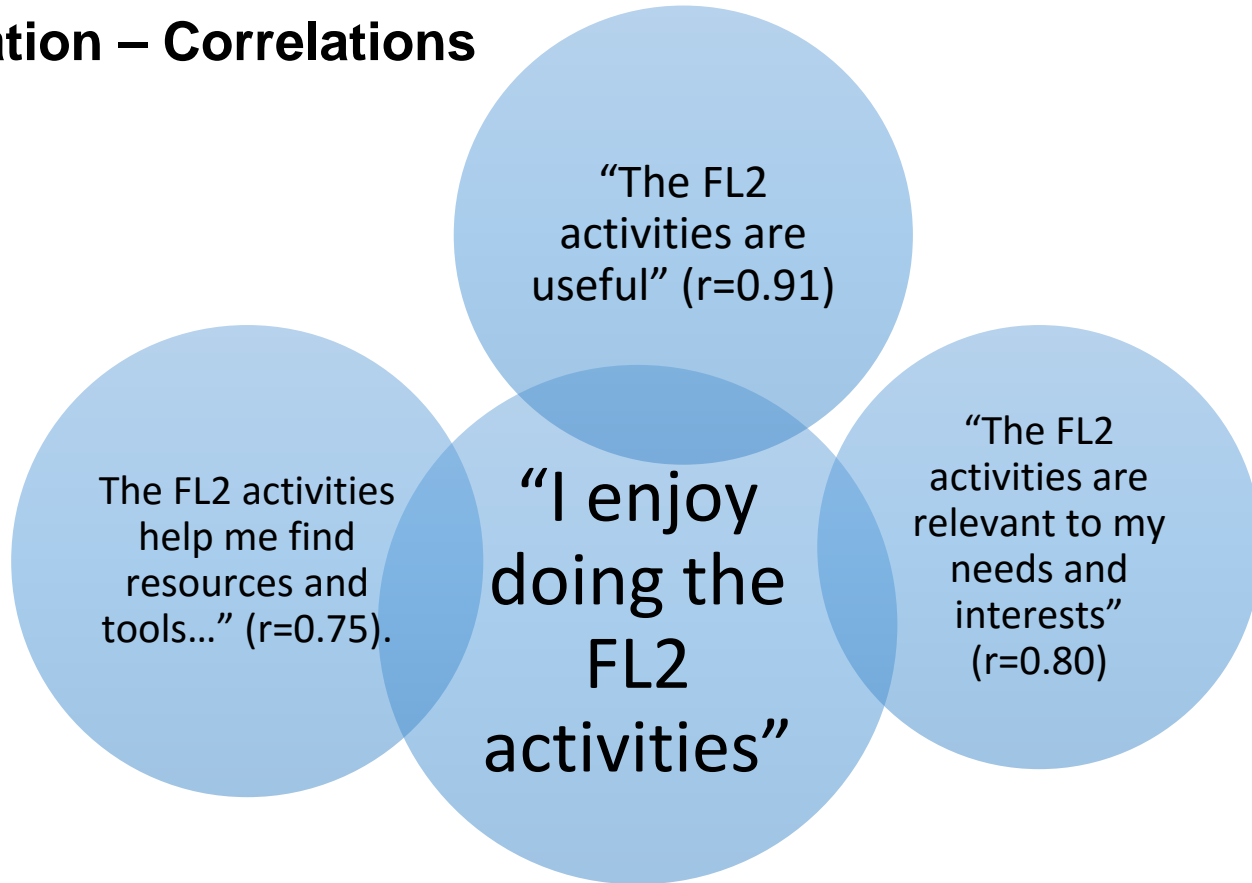


- Student data
 - Final evaluation survey (*Language enjoyment* – Dewaele & McIntyre 2014 + custom statements)
 - Learning analytics
- Reference Group
- FL2 Community of Practice (workshop participants)

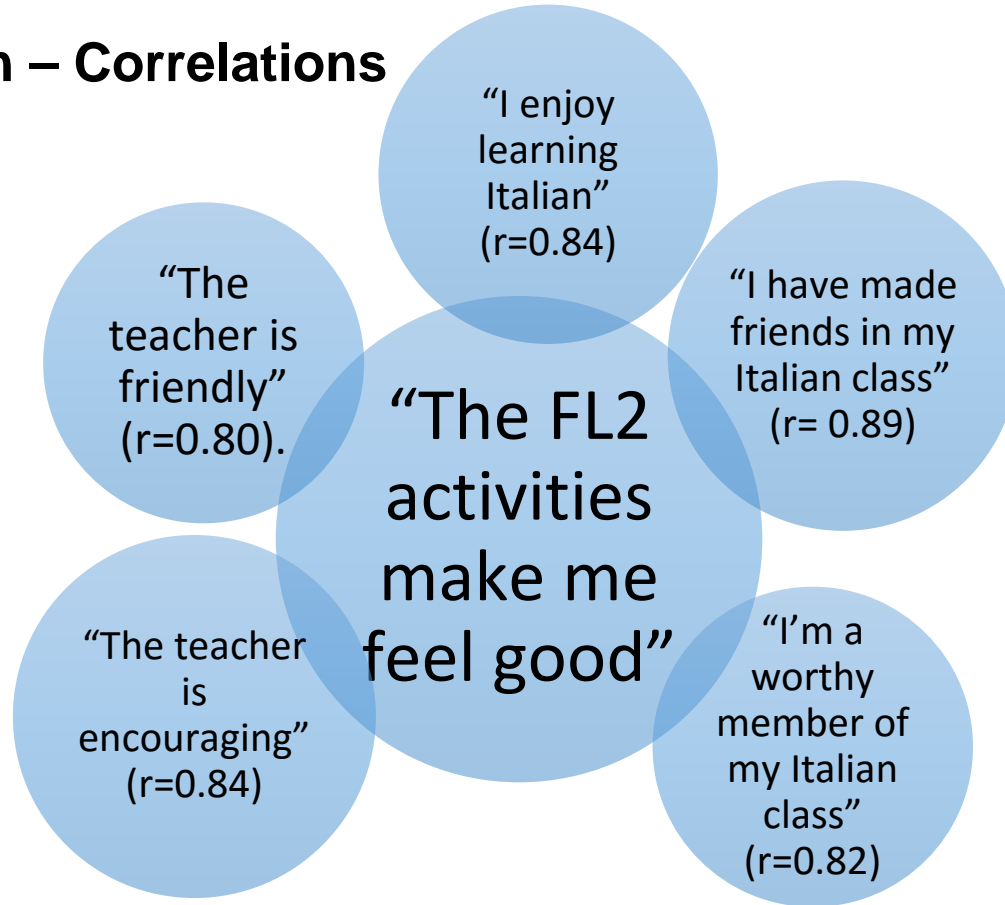
Student Evaluation Surveys (June 2016)

	TOT	Flinders	Sydney
Enrolled students	44	22	22
Final evaluation	12	6	6

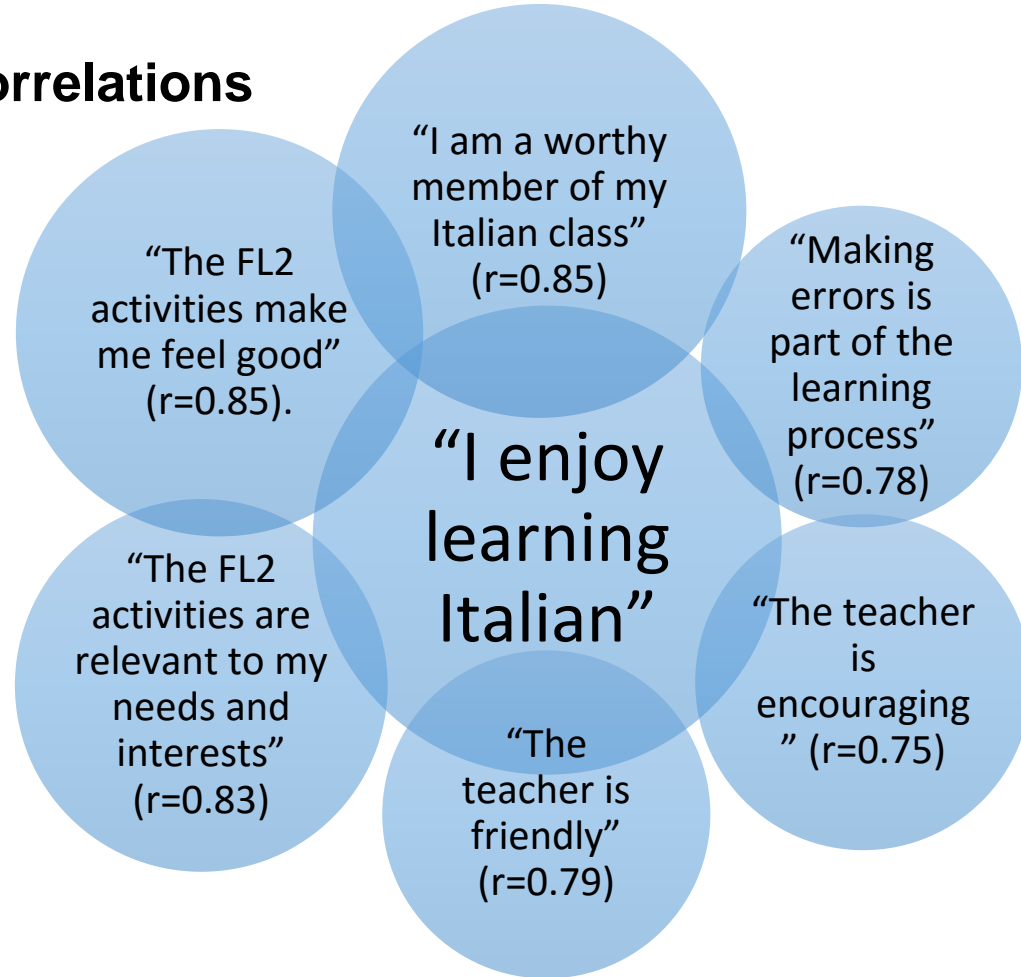
Evaluation – Correlations



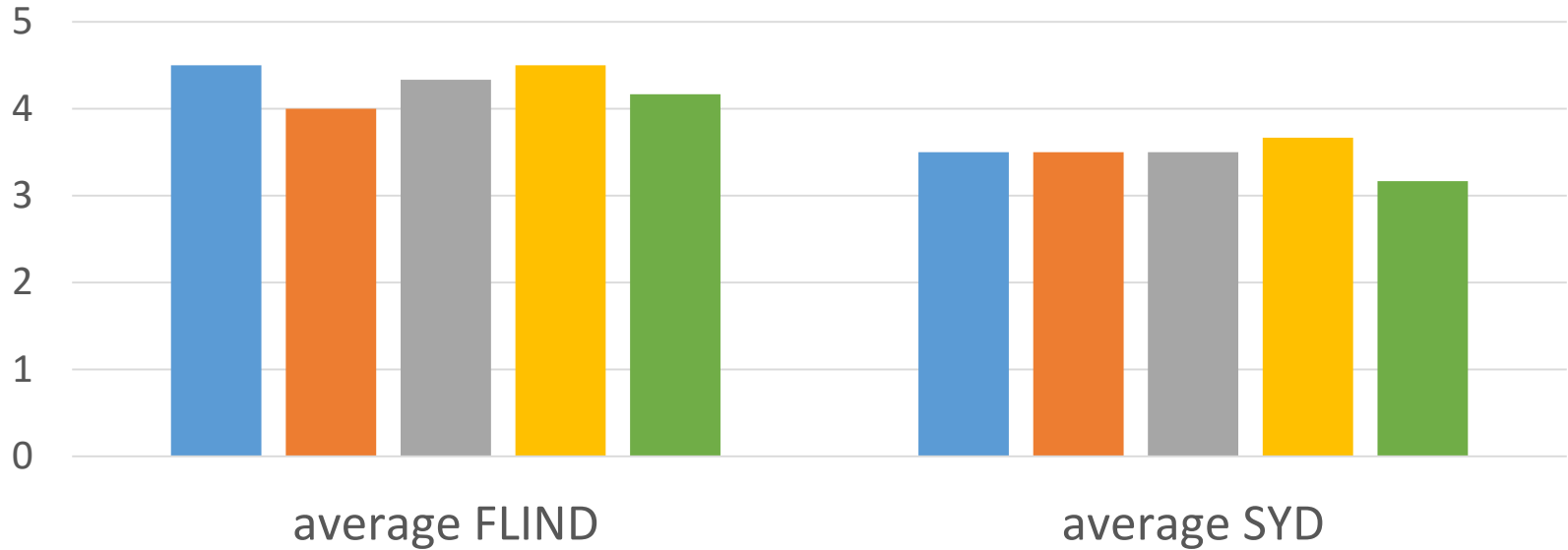
Evaluation – Correlations



Evaluation – Correlations



Evaluation – Positive environment and relationships



■ I enjoy learning Italian

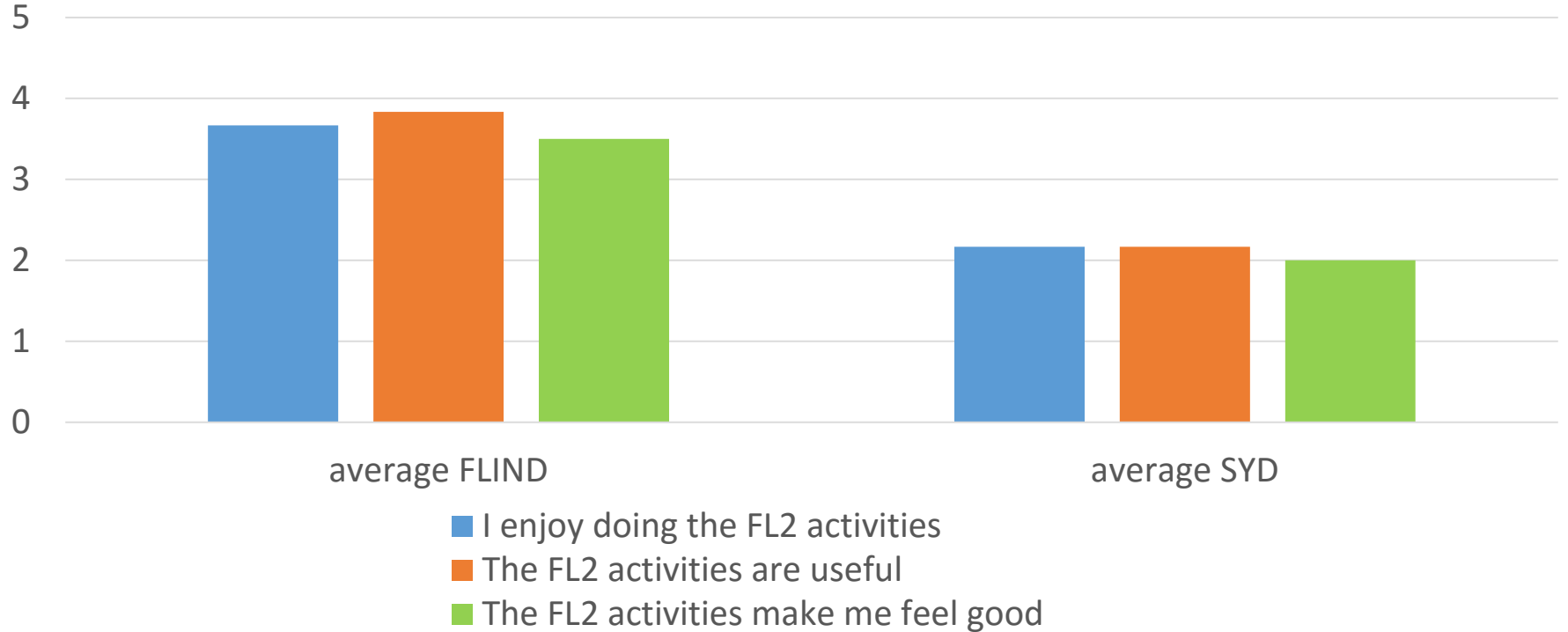
■ It's a positive environment

■ I have made friends in my Italian class

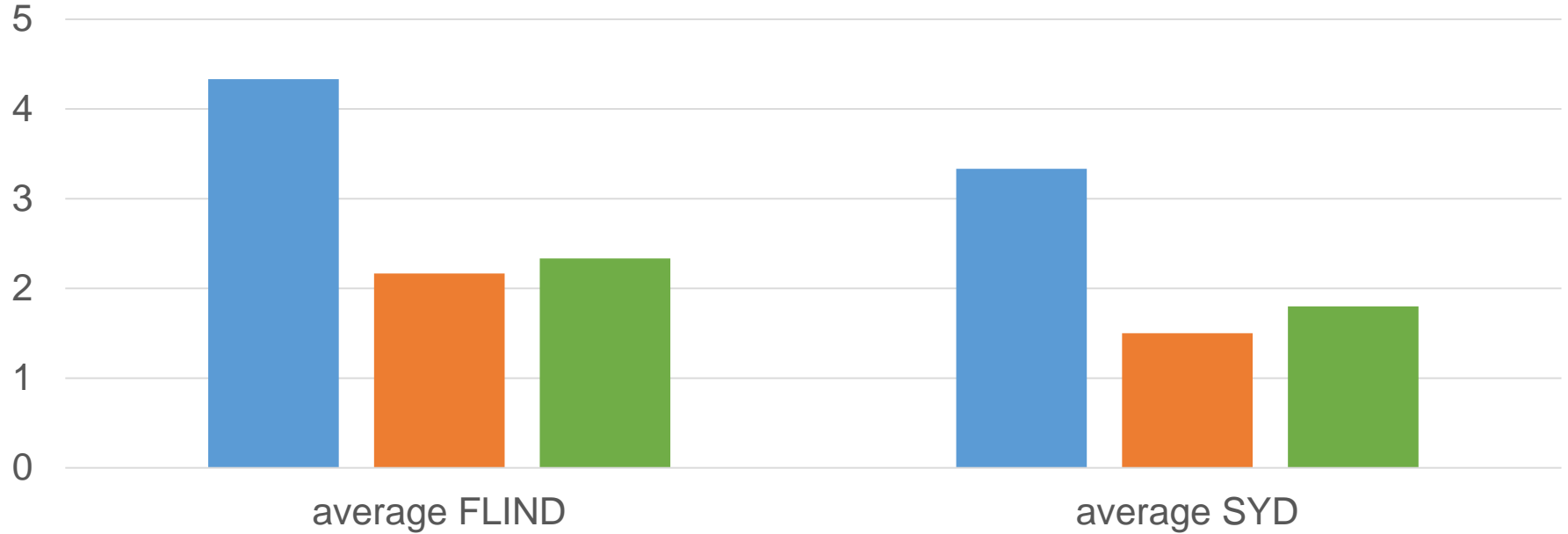
■ There is a good atmosphere

■ My class mates are nice

Evaluation – FL2 activities



Evaluation – FL2 activities



- I've learnt interesting things about Italian and Italy
- The FL2 activities are too "touchy-feely" for me
- The language used in the FL2 activities is too difficult

TRIAL IMPLEMENTATION



44
STUDENTS



"[THE FL2 ACTIVITIES] JUST
GIVE YOU AN INSIGHT INTO
ANOTHER WORLD YOU HAVE NO
IDEA ABOUT..."

"IT HELPED ME TO SEE THAT
... UNI DOES NOT HAVE TO BE
THE BIGGEST THING THAT I
THINK ABOUT ALL THE TIME
IN MY LIFE"

LANGUAGE EDUCATORS' FEEDBACK

!! I have just been looking at these materials – they are excellent and I especially like the very different but integrated take on learning and student wellbeing. !!



PROJECT OUTPUTS AND RESOURCES



FL2 APPROACH

PRINCIPLES & GUIDELINES

LEARNING ACTIVITIES

26 WORKSHEETS



FL2 WEBSITE

L2FLOURISH.ORG

8 WORKSHOPS

OVER 100 ATTENDEES



COMMUNITY OF PRACTICE

106 MEMBERS

ACADEMIC PUBLICATIONS & PRESENTATIONS

1 PAPER ACCEPTED
1 PAPER IN PROGRESS
5 CONFERENCE PRESENTATIONS
1 PROJECT REPORT



www.L2flourish.org



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[PROJECT RESOURCES](#)

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About the FL2 project

Acknowledgements

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